

Body Trivia Trade Game

How many times do you breathe in and out during 1 day?

- A. 23 times
- B. 230 times
- C. 23 000 times

Answer: C. 23 000 times

How many times does your heart beat during 1 day?

- A. 100 times
- B. 100 000 times
- C. 100 000 000 times

Answer: B. 100 000 times

About how many litres of blood do you have in your body?

- A. about 5
- B. about 10
- C. about 15

Answer: A. about 5 litres

If all an adult's blood vessels were laid in a line, how far would they reach?

- A. here to Australia and back
- B. here to Australia and back twice
- C. here to Australia and back 7 times

Answer: B here to Australia and back twice

In a lifetime, how much saliva (spit) does a person produce?

- A. enough to fill 2 swimming pools
- B. enough to fill 2 baths
- C. enough to fill 2 kettles

Answer: A. enough to fill 2 swimming pools

Who has most bones: a baby, a teenager or an adult?

- A. a baby
- B. a teenager
- C. an adult

Answer: A. baby

How much does your heart weigh?

- A. about 50 g
- B. about 250 g
- C. about 750 g

Answer: B. about 250 g

How much of the brain is water?

- A. about 35%
- B. about 80%
- C. about 95%

Answer: B. about 80%

How many smells can your nose remember?

- A. about 50 000
- B. about 5000
- C. about 500

Answer: A. about 50 000

Which of these doesn't grow during your lifetime?

- A. ears
- B. eyes
- C. nose

Answer: B. eyes

Do you use more muscles to frown or to smile?

Answer: to frown (you use 17 muscles to smile and 43 muscles to frown)

True or False?

Your tongue print is unique.

Answer: True

True or False? You can tickle yourself.

Answer: False

How thick is the largest blood vessel in the body (the aorta)?

- A. as thick as a hair
- B. as thick as a straw
- C. as thick as a garden hose

Answer: C. as thick as a garden hose

What percentage of blood is water?

- A. 22%
- B. 35%
- C. 78%

Answer: C. 78%

(Teacher's note: Copy the sheet onto card and cut up into cards. Make enough copies so that there are enough for each child to have a card.)