



Planet Plate

Eating a vegetarian diet can help with climate change by reducing carbon emissions and help reduce global warming. They are really tasty too!

New Menu

Please order and pay in the usual way via



DID YOU KNOW?

- We source seasonal and local food where we can
- Our meals are freshly prepared on site
- We serve at least two portions of fruit & veg a day
- Organic yoghurt or dairy alternative available daily
- We use local higher welfare meat and free range eggs
- Our school food meets the School Food Standards and Food For Life criteria.



Planet Plate Day

Tuesday

Wednesday

Thursday

Friday

Week 1

20/02/23

13/03/23

Week 2

27/02/23

20/03/23

Week 3

06/03/23

27/03/23

WEEK 1

Mac 'n' cheese (V)
Or
Tomato & basil pasta (V)
Freshly baked garlic bread &
Seasonal vegetables

Fruity biscuit or fresh fruit
Or fruit yoghurt

Freshly prepared pork tortillas
Or
5 bean & vegetable tortillas (V)
Savoury rice & seasonal vegetables

Organic PIP Lolly or fresh fruit
Or fruit yoghurt

Local Devonshire Roast Chicken,
gravy, Yorkshire pud
Or
Country veggie roast (V)
Roast potatoes &
Seasonal vegetables

Chocolate Rice Krispy cake or fresh
fruit or fruit yoghurt

Freshly prepared ham &
Pineapple pizza
Or
Veggie nuggets (V)

Potato wedges & seasonal vegetables

Seasonal apple cake or fresh fruit
Or fruit yoghurt

MSC Breaded fish fingers
Or
Cheese & tomato puff (V)
Chips, sweetcorn or baked beans

Custard biscuit or fresh fruit
Or fruit yoghurt

Deli Bar: There will be a variety of fillings available to choose from every day - along with a selection of freshly prepared seasonal salads and various bread options

Jacket potato: There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar

ALLERGENS

We take every care to cater for pupils with allergies & intolerances Please enquire with the kitchen regarding ingredients in your meal.

WEEK 2

Cheesy Pinwheel (V)
Chipped potatoes & seasonal
vegetable
Or
Freshly prepared spring soup (V)
Crunchy bread roll

Chocolate muffin or fresh fruit
Or fruit yoghurt

Beef & pork meatballs in a freshly
prepared tomato sauce
Or
Veggie balls (V)

Pasta & seasonal vegetables

Fruity flapjack or fresh fruit
Or fruit yoghurt

Local Devonshire Roast Gammon,
gravy, Yorkshire pud
Or
Vegetable Hotpot (V)
Roast potatoes and
Seasonal vegetables

Organic PIP Lolly or fresh fruit
Or fruit yoghurt

Freshly prepared chicken curry
Fluffy rice & naan bread
Or
Sweet pepper quiche (V)
Garlic bread & seasonal vegetables

Fruit salad
Or fresh fruit or fruit yoghurt

MSC Battered fish fillet
Or
Cauliflower and broccoli bake (V)

Chips, peas and baked beans

Ice-cream or fresh fruit
Or fruit yoghurt

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Homemade Dessert of the Day

This is a freshly prepared reduced sugar sweet treat which changes daily and could include a chocolate date brownie, Mandarin, apple or fruit sponges, carrot cake, tray bake, flapjack, banana muffins, fruity shortbread.

WEEK 3

Veggie burger in a bun (V)
Or
Vegetable chilli (V)
Tortilla chips & seasonal vegetables

Fruit Muffin
Or fresh fruit or fruit yoghurt

Cottage Pie
Or
Meat-free cottage pie (v)

Seasonal vegetables

Organic PIP lolly or fresh fruit
Or fruit yoghurt

Butchers sausage roast, gravy,
Yorkshire pud
Or
Quorn sausage roast (V)
Roast potatoes & seasonal vegetables

Banoffee pancake or fresh fruit
Or fruit yoghurt

Build your own pasta pots
Various toppings
Or
Spring Soup (V)

Crunch bread & seasonal vegetables

Frosted carrot cake
Or fresh fruit or fruit yoghurt

Southern fried chicken
Or
MSC Salmon fish cake
Or
Vegetable nuggets (V)

Chips, peas & baked beans

Fruit jelly or fresh fruit
Or fruit yoghurt

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