



Planet Plate

Eating a vegetarian diet can help with climate change by reducing carbon emissions and help reduce global warming. They are really tasty too!

New Menu

Please order and pay in the usual way via



DID YOU KNOW?

- We source seasonal and local food where we can
- Our meals are freshly prepared on site
- We serve at least two portions of fruit & veg a day
- Organic yoghurt or dairy alternative available daily
- We use local higher welfare meat and free range eggs
- Our school food meets the School Food Standards and Food For Life criteria.



Planet Plate Day

Tuesday

Wednesday

Thursday

Friday

WEEK 1

Week 1
[05.09.22](#)
26.09.22 – British Food Fortnight
[17.10.22](#)
Week 2
[12.09.22](#)
[03.10.22](#)
Week 3
[19.09.22 – British Food Fortnight](#)
[10.10.22](#)

Quorn sausage, potato wedges & seasonal vegetables (V)
 Or
 Veggie Balls in tomato sauce (V)
 Pasta &
 Seasonal vegetables
 Lemon cake or fresh fruit
 Or organic fruit yoghurt

Freshly prepared beef & vegetable spaghetti bolognaise
 Or
 Vegetable bolognaise (V)
 Garlic bread & seasonal vegetables
 Organic PIP lolly
 Or organic fruit yoghurt

Local Devonshire Roast Chicken, gravy, Yorkshire pud
 Or
 Veggie roast (V)
 Roast potatoes &
 Seasonal vegetables
 Chocolate surprise cake or fresh fruit
 Or organic fruit yoghurt

100% butchers beef burger in a bun
 Or
 Quorn burger in a bun (V)
 Crunchy potatoes & seasonal vegetables
 Toffee Apple pancakes or fresh fruit
 Or organic fruit yoghurt

Brixham breaded fish
 Or
 Cheese & tomato puff (V)
 Chips, peas and baked beans
 'Dessert of the Day' or fresh fruit
 Or organic fruit yoghurt

Deli Bar: There will be a variety of fillings available to choose from every day - along with a selection of freshly prepared seasonal salads and various bread options

Jacket potato: There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar

WEEK 2

ALLERGENS
 We take every care to cater for pupils with allergies & intolerances Please enquire with the kitchen regarding ingredients in your meal.

Freshly prepared Margherita pizza (V)
 Or
 Quorn Sausages (V)
 Potato wedges & Seasonal vegetables
 Chocolate cake or fresh fruit
 Or organic fruit yoghurt

Beef lasagne
 Or
 Tomato & basil pasta (V)
 Seasonal vegetables
 Organic PIP lolly
 Or organic fruit yoghurt

Local Devonshire Roast Gammon, gravy, Yorkshire pud
 Or
 Sweet pepper quiche (V)
 Roast potatoes and Seasonal vegetables
 Fruit flapjack or fresh fruit
 Or organic fruit yoghurt

Chicken nuggets
 Or
 Veggie nuggets (V)
 Sweet & Sour sauce
 Vegetable rice
 Seasonal fruit crumble and custard
 Or fresh fruit or organic fruit yoghurt

MSC fish fingers
 Or
 Cauliflower and broccoli bake (V)
 Chips, peas and baked beans
 'Dessert of the Day' or fresh fruit
 Or organic fruit yoghurt

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WEEK 3

Homemade Dessert of the Day

This is a freshly prepared reduced sugar sweet treat which changes daily and could include a chocolate date brownie, Mandarin, apple or fruit sponges, carrot cake, tray bake, flapjack, banana muffins, fruity shortbread.

Freshly prepared macaroni cheese (V)
 Or
 Vegetable hot pot (V)
 Seasonal vegetables
 Eves pudding and custard
 Or organic fruit yoghurt

Meatballs in a freshly made Tomato sauce
 Or
 Quorn balls in a freshly made Tomato sauce (v)
 Pasta & seasonal vegetables
 Organic PIP lolly
 Or organic fruit yoghurt

Local Devonshire Roast Turkey, gravy, Yorkshire pud, roast potatoes
 Or
 Veggie sausage (V)
 Roast potatoes & seasonal vegetables
 Lemon cake or fresh fruit
 Or organic fruit yoghurt

Freshly prepared mild chicken curry
 Or
 Mild veggie curry (V)
 Fluffy rice, naan bread & Seasonal vegetables
 Jelly and ice cream
 Or fresh fruit
 Or organic fruit yoghurt

MSC Breaded salmon
 Or
 Homemade cheese & onion pasty (V)
 Chips, peas & baked beans
 'Dessert of the Day' or fresh fruit
 Or organic fruit yoghurt

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